

Lido Market

Caribbean Themed Casual Dinner

BREAD BOARD	CARVERY SANDWICH
	Jerked Pork Belly, spice bbq sauce
	Bajan Fried Chicken Sandwich, cilantro lime mayonnaise
WILD HARVEST	SIGNATURE SALAD
	Chop Chop
	mixed greens, turkey, ranch dressing, BBQ Sauce
	Caesar
	romaine, chicken, parmesan cheese
DISTANT LAND – ITALIAN	Cob
	romaine, frisée, dice chicken, ham and egg, blue cheese dressing
	Asian *
	mixed greens, spinach, tuna, sesame dressing, rice noodles
	Caribbean Seafood Jambalaya
CENTRAL MARKET	Baked Chicken Rigatoni with Poblano Cream
	Assorted Caribbean Vegetables, Beef, Chicken, Cheese,
	Empanadas and Chutneys & Salsa, Hot Sauce, Mango Habanero Sauce
	Pineapple, Hearts of Palm Salad
	Scallops and Avocado Pineapple
HOMESTEAD	Seafood Ceviche
	Junkanoo Chicken Salad
	Sweet Potato and Bean Salad
	Shrimp Kebab Lime Chili Salsa
	Mojo Grilled Mahi Mahi *
SWEET SPOT	Cumin and Chili Crusted Lamb Chop *
	Grilled Pumpkin and Vegetable Skewers with Pimiento
	Roasted Stuffed Bell Peppers with Trinidad Style Fried Rice
	New York Steak Garlic Butter* - Bajan Fried Chicken
	Caribbean Beef Stew
	SIDES
	French Onion Soup with Short Rib
	Black Bean Soup
	Thyme Roasted Root Vegetables, Vegetable Medley
	Jamaican Rice and Peas
	Boniato Mashed Potato
	Sweet Potato Fries
	Fries
	Caribbean Rum Cake, Coconut Key Lime Pie, Rum Baba
	Mango Mousse Cake, Chocolate Cake
	Almond Rum Fritters, Mousses & Jello
	Tropical Fruit Tartlet
	Cheesecake no sugar added
	Cheese and Fruit
	Ice Cream Sundae

* The US Food and Drug Administration advises that eating uncooked or partially cooked meat, seafood, shellfish, milk, poultry and/or eggs may increase your risk for food borne illness especially if you have certain medical conditions